

Sandy Smith, BS, LMBT #95, EK
The Real You
Certified Touch for Health Instructor and Practitioner;
Energy Kinesiologist; Educator
252-622-9324
sandybythesea@ec.rr.com

A Touch for Health Energy Balance is Life Changing!

- The fastest way to change posture and improve coordination, to look and feel better
- Relieves short- and long-standing pain, discomfort and emotional distress
- Increases energy, vitality and immune system function
- Improves vision, memory, creativity, learning abilities

Touch for Health Classes

All Touch for Health classes are fun-filled and life changing, with lots of demos, plenty of practice time and individual assistance with the instructor. The personal gain from these workshops is well worth the time and money, as participants usually experience profound results, just from attending! Call Sandy at 252-622-9314 for information and to register.

Private sessions also available.

CEUs for MTs, RNs and TRs

Touch for Health Kinesiology Association is approved as a continuing education provider by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) and as a CEU provider for RNs in most states, and meets the standards set forth by the NC Board of Recreational Therapy Licensure for approval of CEUs.

Certifications

Mar 2006 Professional Kinesiology Practitioner IV Training
Aug 2005 Emotional Repatterning Training
June 2003 Touch for Health I-IV Instructor Certification
June 2002 Touch for Health I-IV Practitioner Certification