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Reiki - Karuna® Reiki - Counseling

Reiki

Reiki is a light touch, hands-on process whereby the vibrational level of the energy field in and around the physical body is raised to allow mental and emotional blockages to surface. It helps break apart negative energy and clears, straightens and heals the energy pathways, allowing life force to flow in a healthy and natural way.

Reiki leads to a state of wholeness, balancing the total being.

Karuna® Reiki

The Sanskrit translation for this word means an action that is taken to diminish the differing of others, and/or “compassionate actions.” As we help others and aid them in their healing process, all beings benefit. Karuna® Reiki is not a substitute for Usui Reiki or any other kind of Reiki, but simply an additional technique one can use to promote healing.

Counseling

In conjunction with the wisdom and guidance of the Reiki energy, I do intuitive counseling for women.

Reiki Master
Karuna® Reiki Master
International Center for Reiki Training Certification
Member International Association of Reiki Professionals